


COUNSELLING REPORT

A.Y: 2019-20

Year: I Pharm D

S.No	Name of Mentor	Issue Raised	Problem Resolved
1	Mrs. D. Vijaya Durga	<ol style="list-style-type: none"> 1. Felt unconscious due to Hypotension and Hypocalcemia. 2. Unable to understand Maths due to Bi.Pc background. 3. Unable to stand for longer time in labs. 	<ol style="list-style-type: none"> 1. Given ORS and advised to use proper medicines. 2. Arranged remedial maths classes. 3. Suggested to take balanced diet regularly.
2	Mrs. G. Pramoda	<ol style="list-style-type: none"> 1. Home sickness. 2. Health Issue (Pyrexia). 3. Difficult to remember Biochemistry cycles. 	<ol style="list-style-type: none"> 1. Suggested the student to stay connected with their family and friends over internet. 2. Informed to parents and sent home. 3. Advised to Practice cycles regularly and conducted tutorials.




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COUNSELLING REPORT

A.Y: 2019-20

Year: II Pharm D

S.No	Name of Mentor	Issue Raised	Problem Resolved
1	Dr. B. Dhanush	<ol style="list-style-type: none"> 1. Difficulty to remember structures in Chemistry. 2. Fainted in the lab. 	<ol style="list-style-type: none"> 1. Advised to practice daily the concepts one by one and made it more interesting. 2. First aid provided and advised to take breakfast regularly.
2	Dr. M. Tabitha	<ol style="list-style-type: none"> 1. Feeling discomfort due to chemicals in the lab. 2. Indigestion due to Hostel food. 	<ol style="list-style-type: none"> 1. Use of proper mask and gloves. Advised to close the containers tightly after the use. 2. Antacid given and advised to drink plenty of water.




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COUNSELLING REPORT

A.Y: 2019-20

Year: III Pharm D

S.No	Name of Mentor	Issue Raised	Problem Resolved
1	Dr. G. Manas Kumar	<ol style="list-style-type: none"> 1. Insomnia 2. Travelling Issue - Parents transferred to another city. 3. Difficulty in preparing presentation for seminars. 	<ol style="list-style-type: none"> 1. Advised to take proper medication and therapy. 2. Suggested to stay in Hostel. 3. Advised her to attend & concentrate on soft skill training without fail.
2	Mrs. K. Rajeswari	<ol style="list-style-type: none"> 1. Unable to concentrate on studies due to Marriage. 2. Health issue – Typhoid Fever. 	<ol style="list-style-type: none"> 1. Given a study plan that allows to manage time. 2. Informed to parents and sent her home.




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COUNSELLING REPORT

A.Y: 2019-20

Year:IV Pharm D & I PB

S.No	Name of Mentor	Issue Raised	Problem Resolved
1	Dr. N. Prathibha	<ol style="list-style-type: none"> 1. Fell down due to Blood Phobia 2. Late coming to college. 3. Unable to complete assignment on time. 	<ol style="list-style-type: none"> 1. Trained in treating phobia. 2. Motivated to wake up early and scheduled her personal clock. 3. Advised to focus on important task first to complete the task on time.
2	Mr. V. Srinivas	<ol style="list-style-type: none"> 1. Health Issue due to Air pollution. 2. Irregular to college due to travelling from long distance. 	<ol style="list-style-type: none"> 1. Suggested to use Mask. 2. Advised to travel in college bus.




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COUNSELLING REPORT

A.Y: 2019-20

Year: V Pharm D & II PB

S.No	Name of Mentor	Issue Raised	Problem Resolved
1	Mr. Y. Naveen	<ol style="list-style-type: none"> 1. Health Issues due to standing long hours during Clinicals. 2. Faint due to Hypotension. 3. Health Issue- Dehydration 	<ol style="list-style-type: none"> 1. Advised to wear well fitting shoes with low heel. 2. Given ORS and advised to take proper diet. 3. Advised to drink plenty of water and to keep water bottle close by.
2	Dr. T. Sreenu	<ol style="list-style-type: none"> 1. Travelling Issue – Coming from Tenali 2. Difficulty in preparing articles. 	<ol style="list-style-type: none"> 1. Suggested to stay in Hostel. 2. Guided methodologies to write articles and how to select good Journals.




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COUNSELLING REPORT

A.Y: 2019-20

Year: I B Pharmacy I Sem

S.No	Name of Mentor	Issue Raised	Problem Resolved
1	Ms. Lily Grace	1. Home sick. 2. Difficult to make friends.	1. Suggested to communicate with parents and friends through social media. 2. Involved her in group activities, so that she can mingle with classmates & make friends.
2	Mrs. Ch. Anupama Swathi	1. Unconscious in lab 2. Unable to understand scientific words.	1. First aid done and advised to take breakfast regularly. 2. Made simple analogies to make concepts easy and advised the students to develop the habit of looking into Medical & Pharma Dictionaries.
3	Mrs. Ch. Swathi	1. Not able to see the board due to vision problem. 2. Health Issues.	1. Changed her place to first bench and advised her for eye checkup. 2. Advised to take balanced diet and to take proper medication, if any.
4	Mrs. V. Vandana	1. Difficulty in understanding in HAP	1. Discussed with staff handling HAP to provide extra care.
5	Mrs. P. Durga	1. Feeling overwhelmed. 2. Unable to adjust new campus	1. Engaged in Yoga. 2. Counseled the student to stay confident, listen to friends & staff and develop patience while understanding new people.




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COUNSELLING REPORT

A.Y: 2019-20

Year: I B Pharmacy II Sem

S.No	Name of Mentor	Issue Raised	Problem Resolved
1	Mrs. G. Madhavi	1. Struggling with Time management. 2. Lack of connection with faculty.	1. Explained how to overcome the problem & given rough time table to utilize time more efficiently. 2. Advised to interact in the class/ faculty and be on time to college.
2	Mrs. Ch. Anupama Swathi	1. Feeling home sickness since it is first time being away from home.	1. Advised to go home monthly during second Saturday & Sunday for two days.
3	Mrs. Ch. Swathi	1. Pressure on studying and to get good grades. 2. Distraction in the class.	1. Counseled the student to focus more on learning rather than getting a good GPA. 2. Kept mobile out of sight during class and study hours.
4	Mrs. V. Greeshma	1. Not getting enough sleep. 2. Feeling high stress.	1. Found reasons for her problem and advised her to avoid phone/ social media in the night time. 2. Exercise & motivated to talk out with friends.
5	Mrs. P. Durga	1. Decrease in appetite. 2. Home sickness.	1. Consulted doctor. 2. Suggested to go home monthly once.



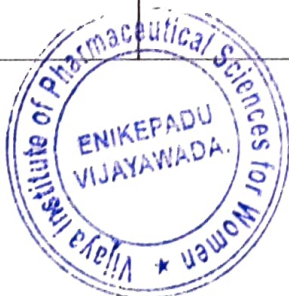

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COUNSELLING REPORT

A.Y: 2019-20

Year: II B Pharmacy I Sem

S.No	Name of Mentor	Issue Raised	Problem Resolved
1	Mrs. D. Prasanna	1. Problem in managing studies. 2. Feeling over burdened	1. Scheduled better time to study and for other activities. 2. Advised not to overload till the last minute and complete the tasks on daily basis.
2	Dr. S. Sundar	1. Exam pressure 2. Lack of confidence	1. Suggested to prepare a self revision plan according to priority of the subjects and take frequent breaks between topics to enhance focus and capacity to learn. 2. Counseled the student to talk and open up for conversations, group discussions, seminars, etc.
3	Ms. Md. Meherunnisa	1. Stress and depression. 2. Failed to understand critical topics.	1. Exercise regularly and do yoga, meet friends, read books and find some interesting hobbies like music, gaming, etc. 2. Conducted remedial classes after college hours.
4	Mrs. P.M.M. Naga Lakshmi	1. Difficulty in understanding the reactions in Organic Chemistry. 2. Difficulty in planning the tasks.	1. Advised to practice the reactions regularly. 2. Motivated to understand the purpose of planning and helped to plan as per the requirement.



5	Mrs. V. Greeshma	1. Loss of concentration. 2. High expectation of family.	1. Advised to do yoga and meditation. 2. Interacted with parents and explained her situation.
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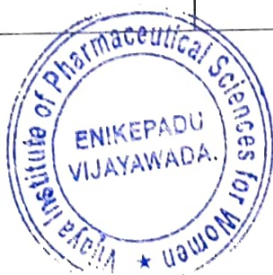

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COUNSELLING REPORT

A.Y: 2019-20


Year: II B Pharmacy II Sem

S.No	Name of Mentor	Issue Raised	Problem Resolved
1	Mrs. D. Prasanna	<ol style="list-style-type: none"> Issues with classmates. High expectations of family 	<ol style="list-style-type: none"> Discussed with students openly and solved the issue. Counseled the student to practice positive self-talk and asked her to talk to parents regularly about her problems.
2	Mrs. A. Bhavana	<ol style="list-style-type: none"> Feel hesitated and uncomfortable to speak. Not sleeping well. 	<ol style="list-style-type: none"> Made her to speak in English with friends & teachers to boost confidence and enhance communication skills. Advised to take healthy, balanced meal and to sleep early.
3	Ms. Md. Meherunnisa	<ol style="list-style-type: none"> Lack of communication skills. Difficulty in grasping concepts. 	<ol style="list-style-type: none"> Advised to socialize with people in college and in personal life. Explained to understand the logic behind the topic rather than mugging it up.
4	Mrs. R. Sunitha	<ol style="list-style-type: none"> Exam stress Poor time management 	<ol style="list-style-type: none"> Advised her to make a self revision time table for all subjects and take frequent breaks between topics to enhance focus and capacity to learn. Advised to make a habit of streamlining things to save time and will not be in a situation of last-minute work.



5	Ms. K. Sruthi	<ol style="list-style-type: none"> 1. Scored less marks in Exam 2. Cannot complete the work in the provided time period. 	<ol style="list-style-type: none"> 1. Counseled the student to emphasize more on practical implementations and motivated that exam should check their mental skills not their cram power. 2. Advised not to scatter into many works altogether. Work based on priority.
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COUNSELLING REPORT

A.Y: 2019-20

Year: III B Pharmacy I Sem

S.No	Name of Mentor	Issue Raised	Problem Resolved
1	Mrs. G. Madhavi	1. Travelling Issue 2. Health Issue(PCOD)	1. Advised to stay in college hostel. 2. Suggested to do Yoga and to take proper medication.
2	Mrs. M. Vani	1. Coming late to the college 2. Irregular to college due to Typhoid Fever	1. Advised to opt college transport. 2. Given extra classes in the evenings.
3	Mrs. A. Bhavana	1. Unable to speak and read due to Mumps. 2. Unable to concentrate on studies due to marriage.	1. Advised to take rest and to consult doctor. 2. Suggested to attend remedial classes.
4	Mrs. B. Sravani	1. Lack of communication skills, not able to deliver speech properly. 2. Cannot manage time for studying	1. Practiced active listening and focused on non-verbal communication after college hours. 2. Created a master schedule with breaks in between the tasks.
5	Ms. M. Anitha	1. Feeling so much pressure during exams. 2. Suffering from depression for not meeting the expectation.	1. Advised not to scatter into many topics altogether and take frequent breaks. 2. Counseled to think positively and do yoga regularly.




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COUNSELLING REPORT

A.Y: 2019-20

Year: III B Pharmacy II Sem

S.No	Name of Mentor	Issue Raised	Problem Resolved
1	Dr. S. Sundar	1. Health Issues 2. Distance Problem.	1. Advised to take proper rest and consult doctor. 2. Suggested to stay in college Hostel.
2	Mrs. M. Vani	1. Low RBC Levels – anemic. 2. Difficulty in studying medicinal chemistry.	1. Instructed to eat iron rich foods and to take iron supplements. 2. Conducted remedial classes.
3	Mrs. D. Santhi Krupa	1. Health problem PCOD 2. Exam Tension due to vast Syllabus	1. Advised to do yoga and go for checkup regularly. 2. Made a study schedule as per the syllabus as per the important chapters, marks weightage and difficulty level.
4	Mrs. B. Sravani	1. Unable to concentrate on studies. 2. Irregular due to Jaundice.	1. Changed the study plan with more breaks. 2. Conducted remedial classes.
5	Mrs. A. Hima Bindu	1. Transportation Issue 2. Problem with classmates.	1. Suggested to travel in college bus. 2. Warned the students and advised them not to spend time for fighting and hating the classmates.




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COUNSELLING REPORT

A.Y: 2019-20

Year: IV B Pharmacy I Sem

S.No	Name of Mentor	Issue Raised	Problem Resolved
1	Mrs. R. Sunitha	1. Cannot manage the time for studying. 2. More time for transport.	1. Trained to improve time management skills. 2. Suggested to stay in hostel.
2	Mrs. B. Hemalatha	1. Having low self-esteem to face the problems.	1. Counseled to avoid negative self-talk and stop comparing with others.
3	Mrs. D. Santhi Krupa	1. Less physical activities. 2. Want coaching for competitive exams.	1. Conducted yoga classes and given more refreshment hours. 2. Given GPAT & PG CET coaching.
4	Mrs. A. Hima Bindu	1. Suffering from depression. 2. Want to attend for campus recruitment, but not confident.	1. Motivated to rest, sleep, eat well and create a hobby to come out of stress. 2. Informed to placement cell and CRT trainer to take special care.
5	Ms. Shaik Fathima	1. More anxiety during exams. 2. Not able to open the windows.	1. Taught relaxation techniques and instructed to do yoga 2. Forwarded the complaint to respective department and fixed the window.




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Year: IVB Pharmacy II Sem

S.No	Name of Mentor	Issue Raised	Problem Resolved
1	Mrs. P. M. M. Naga Lakshmi	1. Difficulty in writing articles. 2. Facing health problems.	1. Advised to utilize online resources like DELNET, Research gate to improve writing skills. 2. Advised to use proper medicines and take care of health.
2	Mr. A. Jayarami Reddy	1. Unable to do data interpretation regarding project work 2. Feeling pressure due to high expectations of parents about Competitive Exams (GPAT/ PGECET).	1. Explained the statistical tools and formulas usage to ease the work. 2. Talked to parents and explained them to come out of high expectations.
3	Ms. M. Tejasri	1. Difficulty in preparing samples during the project works.	1. Training given by the guides for proper preparation and storage of samples.
4	Ms. M. Anitha	1. Difficulty in understanding Therapy classes. 2. Less opening hours for Canteen.	1. Conducted remedial classes. 2. Discussed with principal and increased the working times of canteen.
5	Mrs. V. Vandana	1. System hanged in computer lab.	1. Informed to technician and sorted out the issue.




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COUNSELLING REPORT

A.Y: 2019-20

Year: I M. Pharmacy

S.No	Name of Mentor	Issue Raised	Problem Resolved
1	Mr. S. Venkateswara Rao	<ol style="list-style-type: none"> 1. Difficulty in analysis of Nano particles for SEM & Zeta potential. 2. Having family pressures. 	<ol style="list-style-type: none"> 1. Given concern lab details and contact numbers. 2. Advised to organize wisely and created a time table with more breaks.
2	Dr. S. Praveen	<ol style="list-style-type: none"> 1. Difficulty in procurement of API for project work. 2. Difficulty in using advanced softwares. 	<ol style="list-style-type: none"> 1. Given contact numbers and emails of API suppliers. 2. Trained on use of softwares by lab expert.
3	Mr. M. Bala Krishna	<ol style="list-style-type: none"> 1. Suffering from anxiety during exams. 2. Unable to prepare Project proposal. 	<ol style="list-style-type: none"> 1. Instructed to do yoga and scheduled a revision plan. 2. Explained the content required for project proposal format.




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COUNSELLING REPORT

A.Y: 2019-20

Year: II M. Pharmacy

S.No	Name of Mentor	Issue Raised	Problem Resolved
1	Dr. M. Vamsi Krishna	1. Require guidance in problem solving methodologies.	1. Conducted troubleshooting classes.
2	Dr. B. Ramu	1. Financial issues	1. Suggested to find some part time job or some financial resources to backup money needs.
3	Dr. G. Surendra	1. Want to know future opportunities in abroad	1. Conducted carrier guidance programs.




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