

7.1.1 LIST OF ACTIVITIES 2020-2021

S.NO	Date and year	Name of the Activity	Guest/ Resource Person and venue
1	01.11.2021	Pledge for Anti Dowry	VIPW
2	20.09.2021	Personality development program	Mr.Gangadhar
3	06.09.2021	Organ donation day(eye donation awareness program)	Dr. Kola Vijaya Sekhar Professor, Department of Opthamology, GGH, Guntur Medical college, Guntur.
4	15.03.2021	Awareness program on PCO'S	Ms. Tahera Mubeen, K. Bavitha V pharma. D students of VIPW.
5	12.03.2021	Self defense	Smt. K. Jyothi, Karate instructor, Poranki, Vijayawada.
6	09.03.2021	Awareness program on menstrual hygiene and health	Dr. M. Tabitha Sharon, Pharm.D faculty of VIPW
7	17.02.2021	Goal setting and study skills	Mr. E. Urukundu Shetty, Personality development trainer, Hyderabad.
8	23.01.2021	Decision making and planning management	Mr. Nagesh, Counseling psychologist, Hyderabad.
9	29.12.2020	Behavioral psychology	Mr. Nagesh, Counseling psychologist, Hyderabad.



Principal

**VIJAYA INSTITUTE OF
PHARMACEUTICAL SCIENCES FOR WOMEN**
ENIKEPADU, VIJAYAWADA-521 108.

01.11.2021

REPORT

Name of the Programme : Pledge for Anti - Dowry
Place : Seminar Hall, VIPW

All the students of Vijaya Institute of Pharmaceutical Sciences for Women along with the faculty members and Principal have solemnly pledged to shun any act in favor of dowry and whole heartedly work towards liberating the institution of marriage from any commercial interests and stand strong against any one who will encourage dowry as a part of National Commission for Women on 29.10.2021. Students downloaded and submitted the certificates from mygov.in.



Vandana V

Coordinator



Principal
Principal

VIJAYA INSTITUTE OF
PHARMACEUTICAL SCIENCES FOR WOMEN
ENIKEPADU, VIJAYAWADA - 521 100.

VIJAYA INSTITUTE OF PHARMACEUTICAL SCIENCES FOR WOMEN
ENIKEPADU, VIJAYAWADA

Date: 27-10-2021

CIRCULAR

This is to inform the faculty and students that a programme on Gender sensitization is organized on **29.10.2021** to take an oath on Antidowry. Hence all the staff and students are requested to stay back in the seminar hall after the completion of Unity Day celebrations on 29.10.2021 to take part in the pledge against dowry.



Principal
Principal

VIJAYA INSTITUTE
PHARMACEUTICAL SCIENCES FOR WOMEN
ENIKEPADU VIJAYAWADA 52° 10R

Ans
Prasanna
K. Reddy
HL
Leela
VP
SB
S
Kul
MB
CB
NS
Pr
86
SB



VIJAYA INSTITUTE OF PHARMACEUTICAL SCIENCES FOR WOMEN

Permitted by Govt. of A.P; Approved by AICTE, New Delhi
Pharmacy Council of India, New Delhi & Affiliated to JNTUK, Kakinada
ISO 9001:2015 Certified Institution



Date: 17.03.2021

REPORT

Name of the Program : Personality Development Programme
Duration of Training : 08.03.21 - 14.03.21
Resource Person Details : Mr. L. V. Gangadhar Rao,
D.No 1-23, Near Panchayath Office, Savaragudem (P.O),
Gannavaram(Mandal), Krishna(D.T), PIN- 521107.
Email: lvg.futurewise@gmail.com
Contact Number: 9866078269

Personality Development Programme for both **I B.Pharm & I Pharm D** students was organized by Vijaya Institute of Pharmaceutical Sciences for Women by Sri L. V. Gangadhar Rao from 08.03.21 to 14.03.21. Goal setting, Time management, confidence levels, memory power, and leadership qualities were the prime. He also highlighted to have positive mindset to face the competition. Around 122 students from I B.Pharm & I Pharm D are actively participated in this program. At the end of the session, student feedback was recorded from the participants and overall outcome was excellent, beneficial and thought provoking. Principal of VIPW, Dr. K. Padmalatha, had addressed and motivated the new students to achieve their goals and the program was finally concluded by expressing gratitude towards the resource person.



VIJAYA INSTITUTE OF PHARMACEUTICAL SCIENCES FOR WOMEN

Permitted by Govt. of A.P; Approved by AICTE, New Delhi
Pharmacy Council of India, New Delhi & Affiliated to JNTUK, Kakinada
ISO 9001:2015 Certified Institution



Personality Development programme by Mr. L. V. Gangadhar Rao



Principal

VIJAYA INSTITUTE
PHARMACEUTICAL SCIENCES FOR WOMEN
ENIKEPADU VIJAYAWADA 521 108

Date: 09.09.2021

REPORT

NAME OF THE PROGRAM : Eye Donation Awareness Program
DATE : 06.09.2021
CHIEF GUEST : Dr. Kola Vijaya Sekhar
Prof. Ophthalmology, GGH, Guntur
Email: vijavasekharkola@gmail.com
Contact Number: 9849182140

To create awareness on Eye donation Vijaya Institute of Pharmaceutical Sciences for Women organized a Virtual program on 06.09.2021, by Dr. Kola Vijaya Sekhar, Prof. Ophthalmology, GGH, Guntur. He delivered a guest lecture on the importance of Eye Donation. He addressed the students about how the donated eyes are used to restore vision in people suffering from corneal blindness, and also, he motivated them to pledge their eyes for donation after death to save lives.

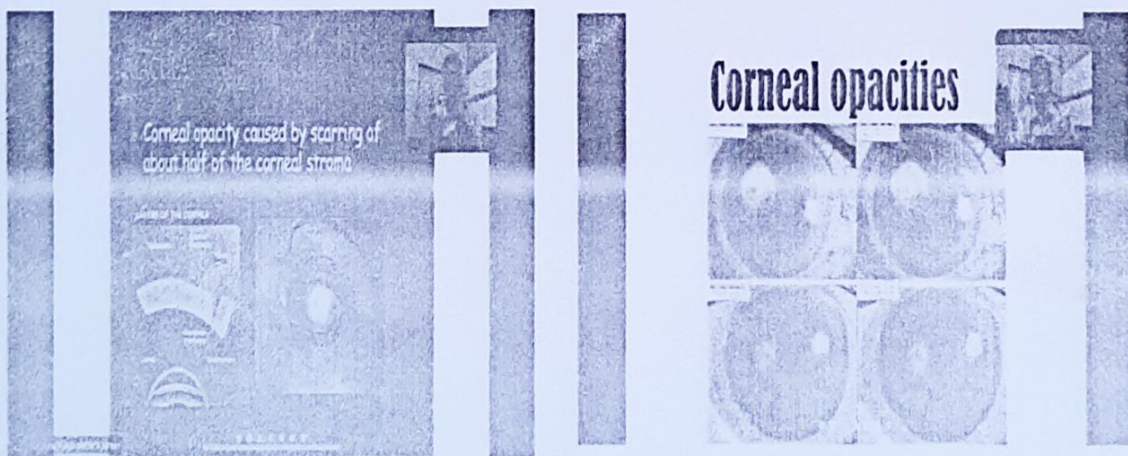


Figure: Eye Donation Awareness Program by Dr. Kola Vijaya Sekhar



PRINCIPAL
PRINCIPAL
VIJAYA INSTITUTE O
PHARMACEUTICAL SCIENCES FOR WOMEN
ENIKEPADU, VIJAYAWADA - 521 108

Date: 18.03.2021

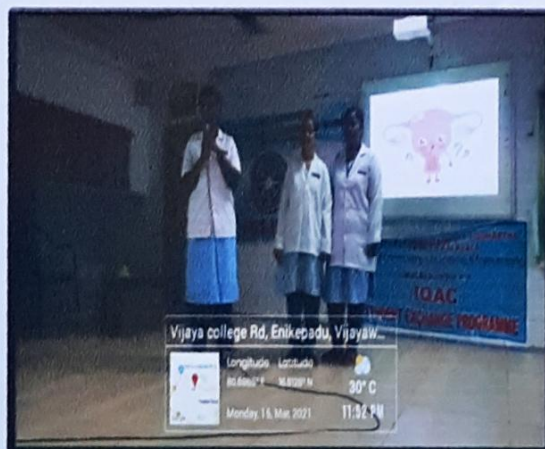
REPORT

Name of the Program : Awareness Program on PCOS.

Date : 15.03.2021

**Organised by : Ms. R. Rajkumari, Ms. E. Lavanya IV Pharm.D
students, VIPW**

Prevalence estimates for PCOS, as defined by the NIH/NICHD criteria, indicate that PCOS is a common endocrinopathy affecting 4%-8% of women of reproductive age. To decrease the impact of PCOS on community, awareness program created an important role. As a part of student exchange program, an awareness program was organized at SDMS Mahila kalasala, Vijayawada to students on 15.03.2021 by Vijaya Institute of Pharmaceutical Sciences for Women. IV Pharm D students and staff of VIPW Mrs. V.V. Vandana Devi, Mrs. K. V. R. Rajeswari, Dr. N. Pratibha and Dr. M. Tabitha Sharon were involved in the program. The students interacted and educated the gathering about PCOS. By organizing this kind of awareness programs, will decrease the incidence of disease and its related complications.




Principal

Date: 15.03.2021

REPORT

Name of the Program : Self defense

Date of the Program : 12.03.2021

Resource Person : Smt. K. Jyothsna, Karate Instructor, Poranki, Vijayawada

On 12.03.2020, Karate Programme which introduced self- defense techniques to students. Trainer Smt. K. Jyothsna, freelance Karate trainer guided all the students regarding self- defense techniques. The program was organised to make the young women aware of their safety from attacks and how self -defense techniques are very important. Many self-defense techniques were demonstrated by the trainer. Such programs should be organized frequently in the campus as they proved beneficial to them as students expressed their views in the feedback session.




Principal

Date:12.03.2021

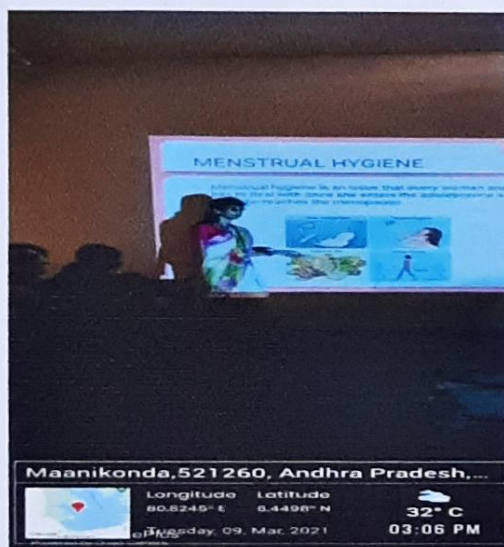
REPORT

Name of the Program : Awareness on Menstrual Hygiene & Health

Date of the Program : 09.03.2021

Resource Person : Dr. M. Tabitha Sharon, Faculty of VIPW

Awareness program on Menstrual Hygiene and Health was conducted on 09.03.2021 by the faculty of VIPW for IX class school students of ZPH school, Maanikonda provided information to younger students about hygienic measures to be followed during the menstrual period.




Principal

VIJAYA INSTITUTE OF
PHARMACEUTICAL SCIENCES FOR WOMEN
ENIKEPADU, VIJAYAWADA-521 108



VIJAYA INSTITUTE OF PHARMACEUTICAL SCIENCES FOR WOMEN

Permitted by Govt. of A.P.; Approved by AICTE, New Delhi
Pharmacy Council of India, New Delhi & Affiliated to JNTUK, Kakinada
ISO 9001:2015 Certified Institution



DATE: 17.02.2021

REPORT

NAME OF THE PROGRAM : Goal setting & Study Skills
DATE : 15.02.2021
RESOURCE PERSON DETAILS : Mr. E. Urukundu Shetty,
Personality Development & Life Skills Trainer,
Hyderabad.
Email Id: eustpm@gmail.com
Contact Number: 9963345229.

Vijaya Institute of Pharmaceutical Sciences for Women organized a program on Goal setting & Study Skills held on 15.02.2021. Mr. E. Urukundu Shetty suggested students to follow the following for their smart preparation.

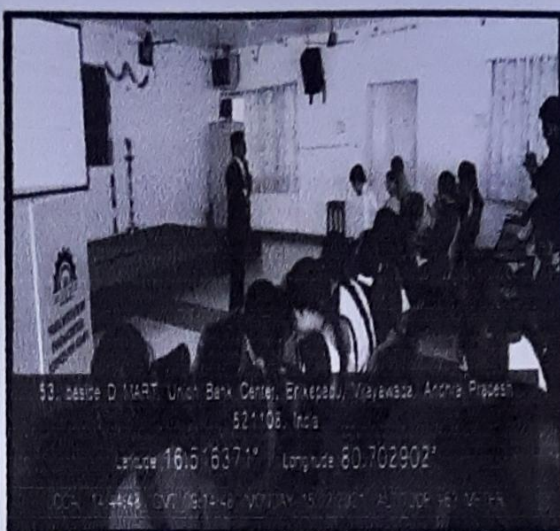
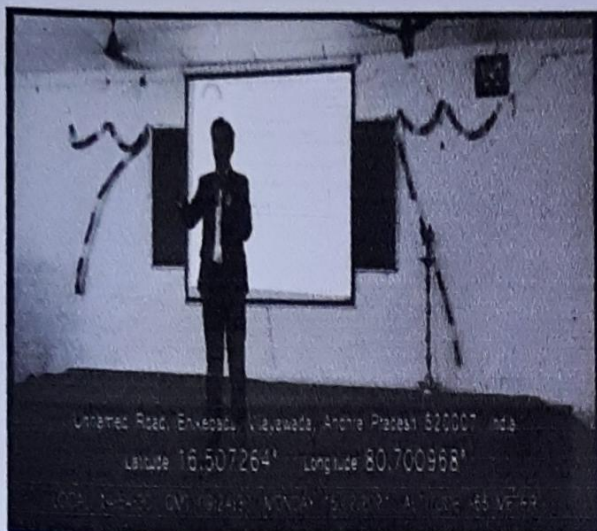
- Before Class: Academic Skills Checklist
- During Class: A Colourful Way to Learn Visually; Effective Note Taking Strategies
- After Class: Best Practices for Communicating with Professors
- Study Time: Creating a Schedule; A Guide to Goal Setting; Creating a Study Group; Study Tips for University Exams
- Assessing Mastery: Receiving Feedback; Post-Exam Self-Assessment; Study Skills Inventory Survey; Fixed or Growth Mindsets

He also advised students to set SMART goals. Writing action plans will make goals more concrete and attainable.

Around 264 students from III, IV B. Pharm and III, IV, V Pharm D have attended this event. Dr. K. Padmalatha, Principal of VIPW expressed vote of thanks for sharing his expertise in this session.



PRINCIPAL
VIJAYA INSTITUTE
PHARMACEUTICAL SCIENCES FOR WOMEN



Mr. E. Urukundu Shetty, Trainer



Date: 12/02/2021

CIRCULAR

This is to inform that, all the staff and Pharm'D students should assemble in the Seminar Hall at 2.30 Pm, followed by a seminar talk on "Goal Setting and Study Skills" by Mr. E Urukundu Shetty.

There by all the staff and students are intimated to attend without fail.

Principal

VIJAYA INSTITUTE OF
PHARMACEUTICAL SCIENCES FOR WOMEN
ENIKEPADU, VIJAYAWADA
PIN - 521 108



Principal

VIJAYA INSTITUTE
PHARMACEUTICAL SCIENCES FOR WOMEN
ENIKEPADU VIJAYAWADA 521 108

DATE: 23.01.2021

REPORT

NAME OF THE PROGRAM : **Decision Making & Planning Management**
DATE : **21.01.2021**
RESOURCE PERSON DETAILS : **Mr. Nagesh,**
Counseling psychologist,
Hyderabad.
Contact Number: 9490981031.

Decision Making & Planning Management program was organized by **Vijaya Institute of Pharmaceutical Sciences for Women** held on **21.01.2021**. **Mr. Nagesh** explained that Planning and decision making are the most important managerial functions for students, and the many relations between them.

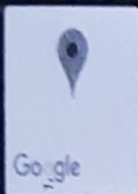
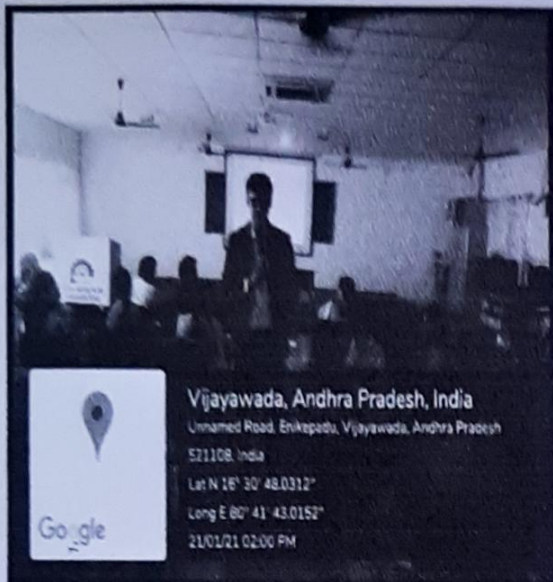
- Planning is thinking of doing.
- Decision making is a part of planning.

Planning is the process of selecting a future course of action, where Decision-making means selecting a course of action. In the decision-making process, he advised students should identify a specific situation and find the threats and opportunities that it offers. He finally concluded that Planning and decision-making, organizing, leading and controlling are all interrelated

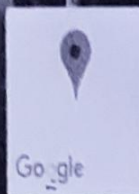
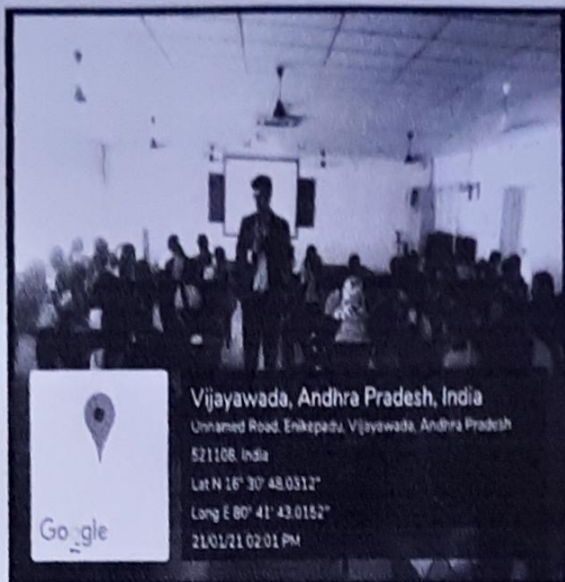
Around **300 students** from **II, III, IV B. Pharm and IV, V Pharm D** have attended this event. **Dr. K. Padmalatha, Principal** of **VIPW** thanked **Mr. Nagesh** for the informative session.



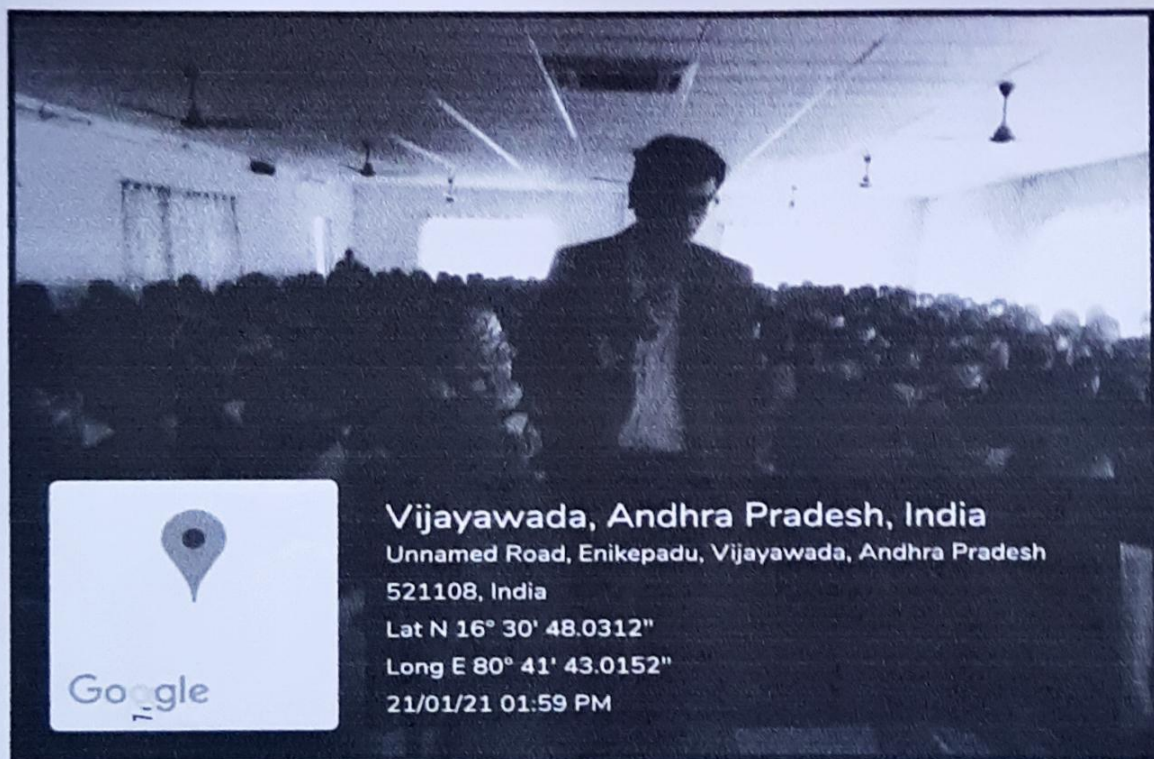

PRINCIPAL
VIJAYA INSTITUTE
PHARMACEUTICAL SCIENCES FOR WOMEN
ENIKEPADU VIJAYAWADA 521 108



Vijayawada, Andhra Pradesh, India
 Unnamed Road, Enikepadu, Vijayawada, Andhra Pradesh
 521108, India
 Lat N 16° 30' 48.0312"
 Long E 80° 41' 43.0152"
 21/01/21 02:00 PM



Vijayawada, Andhra Pradesh, India
 Unnamed Road, Enikepadu, Vijayawada, Andhra Pradesh
 521108, India
 Lat N 16° 30' 48.0312"
 Long E 80° 41' 43.0152"
 21/01/21 02:01 PM



Vijayawada, Andhra Pradesh, India
 Unnamed Road, Enikepadu, Vijayawada, Andhra Pradesh
 521108, India
 Lat N 16° 30' 48.0312"
 Long E 80° 41' 43.0152"
 21/01/21 01:59 PM

Mr. Nagesh motivating students




 PRINCIPAL
 PRINCIPAL

VIJAYA INSTITUTE
 PHARMACEUTICAL SCIENCES FOR WOMEN
 ENIKEPADU VIJAYAWADA

Date: 18/01/2021

CIRCULAR

All the staff and students are hereby informed to attend
"A Talk on Decision Making Skills & Planning
Management" by Mr. Nagesh on 21.01.2021 at 1.30 PM in
Seminar Hall.



Principal
VIJAYA INSTITUTE OF
PHARMACEUTICAL SCIENCES FOR WOMEN
ENIKEPADU, VIJAYAWADA
PIN - 521 108

Principal
VIJAYA INSTITUTE
PHARMACEUTICAL SCIENCES FOR WOMEN
ENIKEPADU VIJAYAWADA 521 108


DATE: 29.12.2020

REPORT

NAME OF THE PROGRAM : Behavioural Psychology
DATE : 28.12.2020
RESOURCE PERSON DETAILS : Mr. Nagesh,
Counseling psychologist,
Hyderabad.
Contact Number: 9490981031.

Vijaya Institute of Pharmaceutical Sciences for Women organized a program on Behavioral Psychology held on 28.12.2020. Mr. Nagesh, the eminent Psychologist lectured on "Behavioral Psychology" which helped the students understand the reasons for their behaviour and how habits, especially, good habits play a significant role in their day-to-day performance. Positive thinking leads an individual to create better life opportunities and thereby reaching their targets comfortably, and lead a happy life. Good habits lead to self-confidence, and in fact make a person live longer. It is not important to worry about things which may or not happen in future, and focusing on the present will give a student better result. It is always right to come away from comfort zones and accept life's challenges to become successful. Around 182 students from IV B. Pharm and III, IV, V Pharm D have attended this event. Dr. K. Padmalatha, Principal of VIPW thanked Mr. Nagesh for the informative session.




PRINCIPAL
VIJAYA INSTITUTE
PHARMACEUTICAL SCIENCES FOR WOMEN

Date: 24/12/2020

CIRCULAR

This is to inform that, all the staff and students should assemble in the Seminar Hall at 1.30 pm, followed by a seminar talk on “Behavior Psychology” by Mr. Nagesh.

There by all the staff and students are intimated to attend without fail.

Rajani


Principal

VIJAYA INSTITUTE OF
PHARMACEUTICAL SCIENCES FOR WOMEN
ENIKEPADU, VIJAYAWADA
PIN - 521 108